Name :

**Swimming Assessment**

**Directions:** Please return competed by next class for full credit.

1. What are the three areas of learning in Mr.K’s PE class?

1.

2.

3.

**2.** What are **three** key elements to breathing while swimming?

1.

2.

3.

**3.** Name the **three strokes** that we covered during class.

1.

2.

3.

**4.** Look at the picture, what is rule # 3?