Name :

**Swimming Assessment**

**Directions:** Please return competed by next class for full credit.

1. Name three strokes and their cues for each stroke that was learned in class?

1.

2.

3.

**2.** What are **three key notes** for lifeguarding?

1.

2.

3.

**3.** Name the **emergency procedures you learned during class?**

1.

2.

3.

**4.** Look at the picture, what is rule # 3?